

# Heat Transfer Application Instructions

## Heat Press Settings:

Temperature 350°

Pressure • Medium to Firm Pressure •

**PREHEAT PLATEN:** Prior to beginning, press empty pad for **2** cycles of **5** seconds.

*Failure to preheat pad will cause insufficient heat and will damage the first couple transfers.*

---

---

### STEP #1: LOAD GARMENT:

### STEP #2: PRE-PRESS GARMENT:

Press garment (with no transfer) for **2** seconds to remove moisture and wrinkles.

### STEP #3: POSITION TRANSFER:

Place transfer in desired location, ink side down.

**DO NOT cover transfer with Teflon sheet.**

Do not place transfer on wrinkles, seams or creases in garment.

### STEP #4: PRESS TRANSFER:

Close heat press and press for **5** seconds at **350°** or **3** sec for Hoodies

### STEP #5: PEEL TRANSFER:

Open heat press, and peel transfer with a smooth steady motion.

---

---

## ☆ TROUBLE SHOOTING TIPS ☆

### PROBLEM:

◦ Transfer Coming off of garment

### SOLUTION:

- Increase Pressure
- Increase Temperature Slightly
- Peel Transfer *Immediately* after opening press
- Verify Platen has been pre-heated

## ☆ WASHING INSTRUCTIONS ☆



Machine Wash



Tumble Dry, Low Heat



Do NOT bleach



Do NOT iron